

NEWS RELEASE



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For Immediate Release

Halifax Regional Unveils New Community Newsletter

ROANOKE RAPIDS, NC (June 30, 2015)—Halifax Regional has unveiled a brand-new design of its community newsletter. The new publication, titled *Healthy Halifax*, will be mailed quarterly to 18,000 regional healthcare consumers and features an engaging design intended to bring readers' attention to news, stories and information that is relevant to their health.

Healthy Halifax features guidance from physicians and other experienced health professionals, updates on Medical Center initiatives, and tips for eating, exercising and living well. Information about seminars, classes and community events promote the health and well-being of area residents and their families.

"Halifax Regional is committed to helping our community become more engaged in their own healthcare," says William Mahone, president of Halifax Regional Medical Center. "The *Healthy Halifax* newsletter provides connections to local physicians and other resources, along with reliable, up-to-date health and medical information that can be used to make informed health decisions and help you live life to the fullest."

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About Halifax Regional

Halifax Regional Medical Center is licensed for 204 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit www.halifaxregional.org.